



## Care and Wear

### Washing

Please wash your nappies separately before the first use. The inserts will require at least 3 washes before they are really absorbent. Customers swear by several different washing routines and you will tweak it to fit in with everything else in your life. It's essential to knock any solids off down the toilet, you might rinse them too. You might soak them in a bucket or washing machine, or just leave them in a dry bucket or bag. Wash in any water temperature up to 75C. You might double rinse before spinning. Use only half the soap powder. Machine dry on cool/med setting, on a clothes airer, or on the line. Sunshine or a hard frost will take out stains, because of the highly absorbent nature of the inserts they will take stains very easily. If you choose to use creams you will need to use a paper liner to protect the nappy. In the transition from disposables to cloth some babies will develop a slight rash. If after several uses a rash develops the most likely cause is bacteria in the nappies. A hot wash and dry in the sun should correct this. If you have any questions please contact us.

### Wearing

\*\*\*White snaps shown for demonstration purposes only\*\*\*



Position the insert so that it is flat against the leg elastics and tucked in at the entrance.

Take the insert inside the nappy and line it up at the middle row of snaps so you can fold the nappy over at the top.

Fold over the top and snap down.

When stuffing the pockets take care that the insert is flat and the long edges are flush against the leg elastics. When using the smaller settings (with the fold over top) line the insert up with the middle row of snaps. For the larger settings the insert should go right to the end. Inserts should not hang over the back elastic.



Fit the Nudey!Rudey! snugly, just like a disposable.

It's very important that the Nudey!Rudey! fits snugly around the legs.

If you have gaps around the legs check the Nudey!Rudey! is high enough up the baby's back.

When choosing the snap positions ensure that the leg elastics are snug around baby's thighs. If a gap persists or you have leaks make sure the nappy is sitting high enough in the back.